



Mark Farley
Executive Director
Upper Cumberland Development District

ABOUT THE COVER

Winding Stairs Nature Trails and Park in the City of Lafayette features a series of springs, waterfalls and cascades in a winding pattern that is well-known to locals as the "Winding Stairs". Located less than two miles from the city square, this peaceful park includes multiple trails leading hikers throughout the park with scenic overlooks of the beautiful winding cascades along the way. Other current features include an ADA trail and ADA overlook, a covered shelter and soon to be completed bathrooms. Winding Stairs Nature Trails and Park featured photos were taken by Chuck Sutherland.

The Upper Cumberland Development District was created by the Tennessee General Assembly to provide regional planning and assistance to the following counties: Cannon, Clay, Cumberland, DeKalb, Fentress, Jackson, Macon, Overton, Pickett, Putnam, Smith, Van Buren, Warren and White.

It is our belief that the fourteen counties, along with the many municipalities contained within, are made stronger through regional cooperation and shared resources.

MISSION STATEMENT

The Upper Cumberland Development District will provide superior assistance to local governments, independently or in conjunction with other local, state and federal agencies that operate with the same intent as ours, to improve the quality of life for all our citizens.

Our vision is to make sustainable economic and community development a priority in all the communities of the Upper Cumberland region by providing professional assistance through existing programs, as well as providing new, innovative techniques and programs which assist these communities in an ever-changing environment.



UCDD Board of Directors FY 2016-2017

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VICE CHAIRMAN Tim Stribling DeKalb County Mayor

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Warren County Executive

TREASURER
Randy Porter
Putnam County Executive

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*Denotes Executive Committee Members

**Denotes Minority Member-At-Large & Executive Committee Member

***Denotes Members of General Assembly & Executive Committee Member

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*Andy Duggin, Mayor of Woodbury
Roger Turney, Mayor of Auburntown
Randall Reid, Industrial Representative

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*Willie Kerr, Mayor of Celina

Kevin Donaldson, Industrial Representative

CUMBERLAND COUNTY

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Don Woodlee, Industrial Representative

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*Herschel Wells Sr., County Executive
*Jimmy Haley, Mayor of McMinnville
Joel Akers, Mayor of Centertown
William Ramsey, Mayor of Viola
Sue Anderson, Mayor of Morrison
**Marvin Lusk, Minority Representative
Don Alexander, Industrial Representative

WHITE COUNTY

*Denny Wayne Robinson, County Executive *Jeff Young, Mayor of Sparta

Ray Spivey, Mayor of Doyle Rodger McCann, Industrial Representative

REASONS TO USE

UPPER CUMBERLAND DEVELOPMENT DISTRICT

THIS IS YOUR AGENCY. Your elected city and county mayors control the direction of this organization.

COMMUNITY REINVESTMENT.

Project administrative services' fees are returned to the local area in the form of other programs and services.

ADEQUATE BONDING INSURANCE. We carry adequate bonding insurance on employees engaged in project administrative services.

TO SAVE MONEY. Take advantage of economies of scale, especially where fixed costs are high (e.g., infrastructure and equipment) or strong expertise is required.

TO DELIVER QUALITY SERVICES. Specialized areas often require professionals beyond the means of small units of government, unless they join others to spread the cost (e.g., planners) and assure high quality.

TO ACHIEVE GREATER POLITICAL CLOUT.

When several local governments are unified in an active effort, vis-à-vis state and federal agencies, they have a better chance of success.

TO COMPLEMENT STRENGTHS AND WEAKNESSES.

By drawing on unique strengths and weaknesses of each community, nearby communities can develop a combined strategic package or position which is more balanced; they may complement one another without duplicating.



TO SHARE SCARCE FEDERAL & STATE

RESOURCES. Often state and federal agencies in an era of budget austerity can fund a joint facility or a joint staff position for a new program and thereby serve more people.

TO PLAN MORE REALISTICALLY. In a global economy, any community is dependent on other communities in its multi-county region for labor and other resources. Indeed, its economy and other aspects of its life are dependent on its state or multi-state region.

TO WORK ON ENVIRONMENTAL AND OTHER CONCERNS. Among the "boundary-spillover" effects of modern life are environmental impacts — on water, air and other natural resources. Purely local approaches to most environmental problems do not work. An economic example might be that in an era of solid waste tipping fees, failure to coordinate fees can result in over or underuse of a community's facilities by residents and/or non-residents.

TO CREATE A SENSE OF LOCAL AND REGIONAL HARMONY. Officials become acquainted through cooperative efforts, develop communication and trust, and reduce jurisdictional conflict.

TO ACHIEVE ECONOMIC CLOUT. Regional marketing for tourism and/or economic development permits better media buys and more comprehensive, sophisticated clout in the marketplace.

TO SOLVE A SPECIFIC PROBLEM. Two heads are better than one. Sharing ideas and resources often permits better problem solving, at a reduced cost.

UCDD Staff



ADMINISTRATIVE SERVICES

Pictured Left to Right

Sarah Cunningham | Legislative & Communications Coordinator Amy Reels | Administrative Assistant Sherry Thurman | Administrative Services Director Tammy O'Dell | Project Manager/Administrative Assistant Taylor Lloyd | Receptionist





FINANCE Pictured Left to Right

Susie Allen | Financial Specialist Ginger Stout | Finance Director Robin Mayberry | Financial Assistant

Providing Quality Services to the People of the Upper Cumberland



HOUSING AND FAMILY SERVICES

Pictured Left to Right

Vickie Reels | Relative Caregiver Program Director Myra Walker | Housing & Family Services Director Chasity Howard | Service Coordinator/Project Manager Alicia Allen | Family Advocate/Project Manager Ladelle Randolph | Project Manager Tammy O'Dell | Project Manager/Administrative Assistant Melissa Allison | Data Intake/Activities Facilitator Vicki Beck | Relative Caregiver Senior Advocate/RCP Case Management Judy Roberson | Quality Assurance Support Staff/Housing Service Coordinator Chad Blair | Emergency Repair Program Specialist/Project Manager Andy Meadows | Project Manager/Home Specialist/Emergency Repair Program Specialist

UCDD Staff



AREA AGENCY ON AGING AND DISABILITY

Front Row

Director

Janna Huie | Benefits Enrollment Case Manager/Volunteer Coordinator

Judy Roberson | Quality Assurance Support Staff/ABC
Grant Coordinator/Housing Service Coordinator
Cynthia Spivey | CHOICES HCBS Qualified Assessor
Sonny Sexton | CHOICES Support Assistant
Clare Farless | Family Caregiver Coordinator
Alana Huddleston | Options Counselor
Meghian Moore | Management Information Specialist
Jim McCaleb | Options Counselor
Patty Ray | Area Agency on Aging & Disability Director
Holly Williams | Long Term Services & Supports Assistant

Nestor Chavez | Financial/SMP Support Staff Connie Vassilev | CHOICES I&A Specialist Linda Maggart | Options Counselor Kym Dunham | District Public Conservator

Back Row

Melissa Sliger | Guardian Financial Support Staff Joshua Hunter | SHIP Benefits Outreach Coordinator/ Volunteer Coordinator

Kelly Clarkson | SHIP Manager

Jennifer Birdwell | Quality Assurance Coordinator Betty Scruggs | CHOICES HCBS Qualified Assessor

Barbara Williams | Administrative Assistant

Gertha Walker | Options Counselor

Gertina Walker | Options Counselor

Juanita Pierce | CHOICES I&A Specialist

Jessica Pruett | I&A Specialist

Jeff Hodges | CHOICES Program Manager

Linda Bilbrey | CHOICES HCBS Qualified Assessor Lewis Betterton | Financial Specialist/IT Specialist

Not Pictured:

LaNelle Godsey | Community Services Assistant Director/ SMP Project Director

Loni Hitchcock | SMP Statewide Manager

Melissa Fincher | CHOICES HCBS Qualified Assessor Christal Boswell | CHOICES/Eligibility & Services Support



ECONOMIC AND COMMUNITY DEVELOPMENT

Pictured Left to Right

Leah Bane | Economic Development Planner Megan Choate | Director of Lending & Economic Development Allison Fox | Community Development Planner Chuck Sutherland | GIS Specialist Tommy Lee | Director of Economic and Community Development Mark Dudney | Dale Hollow RPO Coordinator/Historic Preservation Planner Virginia Solimine | Community Development Planner/Assistant Director Haley Dickson | Community Development Planner Lisa Luck | Solid Waste Planner

Not Pictured:

Henry Bowman | Research Analyst Jillian Hale | Community Development Planner



Legislators of the Year

Representative Ryan Williams and Senator Paul Bailey received "Legislator of the Year" Awards from the Tennessee Development District Association (TDDA). The awards were made by the Upper Cumberland Development District and several Upper Cumberland mayors on Tuesday, March 7, 2017 during TDDA's Day on the Hill.

The awards are given on the basis of nominations from each of the nine development districts to those legislators who have shown leadership and put forth considerable effort on behalf of their cities and counties.

Representative Williams and Senator Bailey understand the needs of our rural region and continue to advocate, sponsor and support needed changes in economic development to bring success to the people and businesses of the Upper Cumberland.

We appreciate the support each has given our local governments by supporting the efforts of development districts and local governments in the legislature.

Pictured Top Left: Sarah Cunningham, UCDD Legislative & Communications Coordinator; Tommy Lee, UCDD Director of Economic & Community Development; Donnie Dennis, Mayor of Carthage; Dale Reagan, Clay County Mayor; Ben Danner, Overton County Executive; Representative Ryan Williams; Steve Jones, Macon County Mayor; Denny Wayne Robinson, White County Executive; Mark Farley, UCDD Executive Director; and Megan Choate, UCDD Director of Lending & Ecnomic Development.

Pictured Bottom Left: Megan Choate, UCDD Director of Lending & Ecnomic Development; Donnie Dennis, Mayor of Carthage; Dale Reagan, Clay County Mayor; Senator Paul Bailey; Steve Jones, Macon County Mayor; Denny Wayne Robinson, White County Executive; Ben Danner, Overton County Executive; Mark Farley, UCDD Executive Director; and Tommy Lee, UCDD Director of Economic & Community Development.

2017 Rebuild Tennessee Award

White County, Tennessee

White County was chosen as the recipient of the 2017 John S. Wilder Rebuild Tennessee Award by the Upper Cumberland Development District for the renovation of the old Food Lion building, which now houses the White County Career Academy. County Executive Denny Wayne Robinson along with past and present members of the White County School Board gathered at the White County Career Academy on March 3, 2017 to receive the award.

Each year the TDDA recognizes local government and other agencies for special contributions to the improvement of infrastructure systems by presenting the Rebuild Tennessee Awards. These awards highlight and recognize projects from across the State of Tennessee that have had a significant impact on the jurisdictions in which they are located. In recognition of the memory of Lt. Governor and Senate Emeritus John S. Wilder, the award has been renamed the John S. Wilder Rebuild Tennessee Award.

With their commitment to growth—White County leaders took ownership of the old Food Lion building in 2014, after its initial closure in 2012 of the Sparta location. When the building was purchased, the White County School Board announced that the building would be turned into a vocational center, as well as a center for technology.

Since December 2014 when the purchase was finalized, the building has undergone extensive renovations and new technologies have been added. The new center will offer community members learning opportunities in the areas of healthcare, robotics, and 3-D printing.

The efforts that have been made to revitalize what was once an empty building, now leave endless potential and opportunities for current students to prepare themselves for the workforce, as well as cultivate previous skills for those from the community that wish to utilize the center.

The innovative efforts of White County's leadership reflect the value the county places on investing in the community as a whole. We are proud to recognize them as this year's Rebuild Tennessee Award recipient.







Economic & Community Development

ECONOMIC DEVELOPMENT

We recognize successful economic development takes the right team of individuals working together to strategically plan for the future. To facilitate strategic planning conversations between all state and regional partners with local government officials and community leaders, UCDD coordinates Economic Development Strategy Sessions in each Upper Cumberland county annually. Additional economic development assistance includes the preparation of Requests for Information (RFI) and industrial grant proposals including Tennessee Department of Economic and Community Development's Site Development Grant, TNECD's Fast Track and Tennessee Valley Authority's InvestPrep. To ensure your community is best positioned for economic growth, our staff can also attend and assist with meeting compliance of your Joint Economic and Community Development Board (JECDB) and Industrial Development Board (IDB) meetings.

GEOGRAPHICAL INFORMATION SYSTEMS (GIS)

Our staff provides GIS services including maps, database management and data analysis to the fourteen counties of the Upper Cumberland region. Geographical Information Systems facilitate planning, grant writing and presentations by applying high performance computing power to spatial datasets. GIS allow for fast, adaptable data presentations with overlays of municipal infrastructure, flood-ways, topography, elevation, parcels and more. Custom map products bring the intended information to the forefront and allow for a more effective discussion. Management of large datasets means better decision making through the process of sorting, refining and eliminating of unnecessary information.

GRANT WRITING AND ADMINISTRATION

The UCDD has several experienced and specialized project managers on staff who have assisted in the writing and administering of grants across a wide spectrum of projects. We have extensive application experience in the following: Community Development Block Grants (CDBGs), Appalachian Regional Commission (ARCs), Economic Development Administration (EDA), Fast-track Infrastructure Development Program (FIDPs), TN Department of Environment and Conservation (TDEC), TN Department of Transportation (TDOT), HOME Housing Rehabilitation Grants and CDBG Facade Grants.

HISTORIC PLANNING SERVICES

The UCDD's mission to preserve, protect and promote the cultural resources of the Upper Cumberland region is accomplished through an agreement with the Tennessee Historical Commission, which receives federal funds from the National Park Service, Department of the Interior. This mission leverages the unique character of the region to help foster economic development. The Historic Preservation Planner, in conjunction with the Tennessee Historical Commission, offers technical assistance with the following federal and state programs: Federal Historic Preservation Grants, National Register of Historic Places, Investment Tax Credit Program, Section 106 of the National Historic Preservation Act, Certified Local Government Program and Historical Markers Program.

15



LOCAL PLANNING SERVICES

Community Planners provide assistance to twelve municipal and regional planning commissions in several areas including, but not limited to the following: approval of subdivision plats, technical assistance with regards to Historic Zoning Code, enforcement of the Flood Damage Prevention Ordinance, adoption and amending of local subdivision regulations and zoning ordinances, compliance with the National Flood Insurance Program, Long Range Planning, Land Use and Transportation Policy Planning, Major Thoroughfare Planning, the adoption and closure of county roads, four hours of continuing education of Planning Commission members required by Tennessee Code annotated, technical assistance to the local Board of Zoning Appeals, the adoption of the yearly county road list, certification of special censuses and annexations and Plans of Services.

REGIONAL MARKETING

The UCDD recognizes cities and counties stand stronger when they stand together. The Upper Cumberland Development District provides regional support in economic and community development marketing by offering a unified approach on behalf of the Upper Cumberland. In collaboration with state and regional partners, the Upper Cumberland Tourism Association and others, the Development District continues to strengthen and expand a marketing alliance dedicated to promoting the Upper Cumberland. Our staff currently promotes the region at local, state, national and international economic development conferences and trade shows while continually seeking new opportunities to market the Upper Cumberland.

RURAL PLANNING ORGANIZATIONS (RPO)

The UCDD contracted with the Tennessee Department of Transportation to establish two Rural Planning Organizations (RPOs) in the Upper Cumberland region. The Center Hill RPO includes Cannon, Cumberland, DeKalb, Putnam, Van Buren, Warren and White counties. The Dale Hollow RPO includes Clay, Fentress, Jackson, Macon, Overton, Pickett and Smith counties. The organizations' purpose is to facilitate input from rural counties to TDOT for transportation planning. RPOs work with TDOT to identify the Upper Cumberland region's needs regarding highways, transit, bike/pedestrian issues, aviation and waterways. RPOs are partners with Tennessee's development districts because economic and community development drive many of the transportation improvements in rural counties.

SOLID WASTE ASSISTANCE (TDEC)

Through a contract with the Department of Environment and Conservation (TDEC), our staff provides solid waste management assistance to the Upper Cumberland. Services include support in compiling county Annual Progress Reports (ARPs), filing a Needs Assessment (NA) for each county every five years, and helping counties find and apply for grants to update county solid waste equipment and facilities. Additional services include: participation in county Solid Waste Planning – updating



goals and measuring progress, education on sufficient and environmentally sound disposal, management of Household Hazardous Waste (HHW), encouraging increased access and participation in recycling, increasing the diversion of organics from the waste stream, research on waste reduction and recycling technology, education on landfill disposal, and assistance in updating county Disaster Debris Management Plans.

STATISTICAL INFORMATION

The UCDD has been the depository of regional statistics for over 40 years. The staff maintains information relating to retail sales, personal income, traffic counts, labor force data, population characteristics, housing data, area wages and various other economic and demographic indicators.

TACIR

In order to accurately portray the infrastructure needs across Tennessee to the General Assembly, the Tennessee Advisory Commission on Intergovernmental Relations (TACIR) developed the Infrastructure Needs Inventory. TACIR has partnered with the nine development districts across the state to gather this information. UCDD staff conduct interviews with local and state agencies each year to compile an inventory of governmental and school system infrastructure needs. TACIR staff analyze the data and prepare an annual report for the General Assembly which assists in their budgeting process. Each project listed on the inventory is either in the conceptual, planning and design or construction phase. The TACIR inventory process proves beneficial not only to the state of Tennessee and the general assembly, but to the local communities. The process involves a variety of local leaders including but not limited to school superintendents, road superintendents, elected officials and public works directors. TACIR provides an avenue for long-range planning across the region and close to home.

TENNESSEE DOWNTOWNS/TENNESSEE MAIN STREET

TN Downtowns is a program under the umbrella of TN Main Street. As revitalization surges through small downtowns, this program has become more popular. Towns apply for the program with a committee of volunteers, and if chosen, are awarded a \$15,000 grant to jump start the revitalization. The first year of the grant award is primarily education for the committee allowing them to attend numerous seminars. Representatives from the program (both local and national) visit the town and work with committees to create a plan for the grant money and build a vision for the community. In the second year, the grant money is awarded. Allowable projects include signage, streetscapes, facades, awnings, landscape, lighting, windows, doors, way-finding signs, benches, crosswalks and other projects that improve the look and feel of a downtown area. UCDD has also collaborated with TTU, coordinating interns from the College of Human Ecology to work with downtowns on design and merchandising. This program opens doors for other grant awards for downtown revitalization.



Housing And Family Services

CUMBERLAND REGIONAL DEVELOPMENT CORPORATION (CRDC)/ HOUSING

CRDC works with U.S. Department of Housing and Urban Development, Tennessee Housing Development Agency, Federal Home Loan Bank, Tennessee Department of Economic and Community Development and U.S. Department of Agriculture Rural Development to create affordable housing. The HUD 202 housing units are for senior citizens 62 years of age or older and are funded by HUD through the Section 202 program. The HUD 811 housing units are for individuals with verifiable disabilities and are funded by HUD through Section 811 program. Neighborhood Stabilization Program (NSP), Macon County Rentals and Estes Duplex units are available for low income housing. Farm Labor housing units are for individuals who are employed in the agricultural sector. We currently have complexes in the following Tennessee counties: Anderson, Cannon, DeKalb, Fentress, Macon, Monroe, Morgan, Pickett, Putnam, Smith, Warren, White and Wilson.

RELATIVE CAREGIVER PROGRAM (RCP)

The Relative Caregiver Program is a comprehensive public/private collaboration funded by the Department of Children's Services. The program offers support services and resources to relatives raising relative children whose biological parents are no longer able to do so. The RCP was developed out of recognition that a child fares better both mentally and physically when placed with a relative versus in state custody. Since many relative caregivers are aging and/or living on a fixed income, providing the basic necessities for their relative children can be a financial struggle. The RCP provides monthly support groups and enrichment activities, as well as emergency financial support for these families. Monthly case management is offered to the whole relative family, and caregivers are provided with a resource manual that lists available resources and services within their own community.

Along with monthly enrichment activities, the RCP offers training and workshops to both caregivers and children such as CPR instructional classes and summer camps. The program is designed to strengthen the relative caregiver family to enable the child/children to remain in the relative caregiver home.

EMERGENCY REPAIR PROGRAM FOR THE ELDERLY

The UCDD administers the Emergency Repair Program for the Elderly(ERP) through a grant under the Housing Trust Fund provided by Tennessee Housing Development Agency. The program provides housing repairs for individuals who are 60 years of age or older, own their home and meet the low income guidelines. The ERP enables eligible participants to receive repairs or replacement of structural problems to their home allowing them to remain in their home. As we see so often, many elderly individuals do not have the funds or means to replace or repair dilapidated systems and/ or property/structure. Through the ERP, individuals are able to make their homes safer and more sustainable. Eligible participants must have a need and provide a 1/3 match to the 2/3 match provided by THDA. The maximum allowable funds per household are \$10,000 from THDA and \$5,000 to be provided by the homeowner or other matching source, such as USDA Rural Development or Weatherization Program. There is no lien placed on the property. The ERP is available to all 14 counties of the Upper Cumberland region.

10

Cumberland Regional Development Corporation provides safe and affordable housing to hundreds of residents in the Upper Cumberland region and surrounding counties. The information provided in the following charts reflect the types of housing units available per county. The numbers in parentheses represent the number of units at each location.

County	HUD 202 For Persons 62 Yrs. or Older	HUD 811 For Disabled Residents	THDA/Rural Development	NSP Houses	Single Resident Homes
Anderson	Dogwood (24)	Roberstville (14)			
Cannon	Hilltop Manor (19)				
DeKalb	Fiddler's Manor (18) Fiddler's Annex (8)		4-Plex (4) Estes Place (8)	4	4
Fentress		Fairgrounds (10) Mace (10)			
Macon	Shenandoah (19)	Shenandoah Haven (14)		2	14
Monroe	Pedigo II (14)	Pedigo I (14)		3	3
Morgan		Clinch River (18)			
Pickett	Hillcrest (24)				
Putnam	Laurel Creek (19)				
Smith	S. Carthage Manor (14)			2	2
Warren	Golden Oaks (14)		Beacon Light (23)		7
White				4	4
Wilson	Peyton Manor (34)				1





Area Agency on Aging & Disability

THE UPPER CUMBERLAND AREA AGENCY ON AGING AND DISABILITY (AAAD) is supported through federal Older Americans Act funds as well as other state and federal funds. Each AAAD in Tennessee is designated and funded by the Tennessee Commission on Aging and Disability. The AAAD has three primary functions: advocacy services to those who lack the capacity to have their voice heard, information and assistance to guide individuals through a maze of support services and the provision of services through contracts with licensed providers in each county of the state. The UCAAAD also provides assistance to individuals through funding provided by the Bureau of TennCare and the Administration on Community Living.

INFORMATION AND ASSISTANCE PROGRAM

The AAAD serves as the Aging and Disability Resource Center (ADRC) for adults age 60 and over, adults with disabilities, caregivers and agencies or organizations seeking information on behalf of an individual regarding services and programs to meet their needs. The AAAD/ADRC maintains a resource database containing up-to-date information about community resources. Information and Assistance (I&A) includes: assessing the needs and capacities of the individual, providing current information on opportunities and services available within their community and linking the individual to available opportunities and services. An individual may contact the AAAD/ADRC for Information & Assistance through email at cvassilev@ucdd.org, by personal visit or by telephone at (1-866-836-6678).

TENNCARE CHOICES

The AAAD serves as the single point of entry for individuals and families seeking information about CHOICES including institutional and Home and Community-Based Services (HCBS). The AAAD provides: outreach and education about Long Term Services and Supports (LTSS) options for the community-at-large, consumers, caregivers and providers; information and referral for individuals or families considering options for LTSS; screening and assessment to assist individuals and families in determining possible eligibility and need for LTSS; facilitated enrollment into the CHOICES LTSS system; and advocacy on behalf of individuals and families seeking access to and/or receiving Medicaid-reimbursed LTSS. The AAAD also provides Ombudsman services for CHOICES members receiving the Community Living Supports (CLS) benefit, including members identified for transition to CLS.

HOME AND COMMUNITY-BASED SERVICES (HCBS)

Home and Community-Based Services provide eligible adults age 60 and over and adults age 18 and over with physical disabilities who are at risk of entering long-term care facilities the option of receiving services in their homes or in a community setting. Home and Community-Based Services are state-funded (OPTIONS for Community Living) and federally-funded (Older Americans Act Title III) services. Priority of services is given to those with greatest economic and social need. The AAAD's Options Counselors conduct an in-home assessment to determine the need for services, develop an Action Plan along with the client to determine current supports in place and unmet needs, arrange for the delivery of services either through an outside provider agency the AAAD contracts with or through the self-directed care option and provide on-going service coordination and re-assessments. In-home services may include home delivered meals, homemaker or personal care.



FOR THE HOLIDAYS

Seniors across the Upper Cumberland received food to make hot, nutritious Thanksgiving meals and plentiful bags filled with special Christmas food items this holiday season thanks to generous canned food donations and contributions from multiple community organizations. The bags were distributed by AAAD staff to low-income, home-bound clients throughout the region.

This year, AAAD staff partnered with the Stonecom radio stations, Cookeville Golden Corral, Cookeville Sam's Club, First Volunteer Bank, HB Specialty Foods, Cummins Filtration, Coke Cares, Peachtree Learning Center, Cane Creek Elementary and private donors to collect monetary and canned food donations for the holiday food bags. Through canned food donations and \$5,975 in contributions, AAAD staff members were able to assemble and distribute 275 holiday food bags to seniors in need. Assembling and distributing holiday food bags is the highlight of the season for the AAAD staff.

FAMILY CAREGIVER PROGRAM

The National Family Caregiver Support Program (NFCSP) provides assistance to family caregivers and grandparents or other relative caregivers. Family members are the primary providers of long-term care for older adults and adults with disabilities in the United States rather than social service agencies, nursing homes or government programs. These informal caregivers provide unpaid help to those who live in the community and have Activities of Daily Living (ADL) limitations such as bathing, transferring, eating, dressing and walking. NFCSP provides five basic services for family caregivers that include: information to caregivers about available services; assistance to caregivers in gaining access to services; individual counseling, support groups, and caregiver training to assist caregivers in making decisions and solving problems relating to their care-giving roles; respite care to enable caregivers to be temporarily relieved (ex: homemaker, adult day care, respite and personal care services); and supplemental services, on a limited basis, to complement the care provided by family caregivers (ex: home-delivered meals and medical supplies).



SENIOR EXPO

The Senior Expo has historically drawn in hundreds of seniors, caregivers and healthcare professionals each year to obtain information and resources from sponsors and vendors from all across the Upper Cumberland. This year's Senior Expo was held on October 20, 2016, with approximately 900 people in attendance. The expo offered attendees many opportunities to participate in hands-on educational activities such as EMA/EMS Live Demonstration and Virtual Dementia Training, obtain community resources and participate in free health screenings.

SENIOR CENTERS

As per the Older American's Act (OAA), the purpose of the senior center is to facilitate the social, emotional and physical well-being of Tennessee adults age 60 and over as part of a comprehensive and coordinated system of community-based services and activities. Senior centers provide access to community resources that maintain independence and wellness. The Upper Cumberland AAAD contracts with 18 senior centers throughout the 14 counties of the Upper Cumberland. Some of the services available through local senior centers are: resource information, health promotion, physical fitness. recreational activities, educational activities, telephone reassurance and Evidence-Based programs. Senior Centers provide programs which ensure the health and well-being of seniors and promote quality of life. Programs and services are encouraged to meet the needs of multiple generations of seniors.

An example of the fun and stimulating activities offered at local senior centers includes the annual Senior Brain Games competition. On August 12, 2016, seven teams from local senior centers competed to advance to the regional competition in Nashville. The Fentress County Senior Center's team, known as the Fentress Fossils, won the local competition. Fentress Fossils team members Caren Wheeley, Rene Germann and David Madewell competed against teams from the Greater Nashville and South Central region of Tennessee on September 23, 2016. Sponsored by the Tennessee Commission on Aging and Disability, in partnership with the Upper Cumberland Area Agency on Aging and Disability, the Senior Brain Games competition is designed to help keep seniors mentally active, provide an opportunity for social interaction, and get some healthy competition going among senior communities throughout the state.



CONGREGATE NUTRITION

The Congregate Nutrition Program provides a nutritious lunch to older adults in each of the fourteen counties. There are 18 congregate meal sites throughout the Upper Cumberland with most being co-located at the senior centers. The goals of the Congregate Nutrition Program are to: promote, maintain and improve the health and well-being of eligible consumers aged 60 years and older, and adults with disabilities; reduce nutritional risk among consumers through the provision of nutritious meals, nutrition screening, and nutrition counseling; reduce social isolation; provide planned nutrition education in the congregate and home-delivered meals programs; and link eligible consumers to available community services.

TRANSPORTATION

The AAAD contracts with the Upper Cumberland Human Resource Agency (UCHRA) to coordinate and provide public transportation services for adults age 60 and over with priority given to those of greatest economic and social need. Transportation vouchers are disseminated at each senior center to those needing transportation services for activities of daily living such as, but not limited to, shopping for groceries and other needs, non-TennCare medical and other health care related appointments, pharmacies, congregate meal sites, etc. The transportation voucher is redeemed through the UCARTS public transit system throughout the fourteen county region. With the goal being to prevent isolation in our rural counties, many success stories have been shared by senior center directors across the region.

The next page includes personal accounts from the Monterey and Alexandria Senior Center Directors about the benefit of providing transportation service to seniors in our rural communities.

"We have a gentleman who is new to our community. His only means of transportation is the most beautiful blue Huffy bike you've ever seen. Being a very social guy, he is participating in all the wonderful things we have to offer in the Monterey area, but he is trying to expand his interests to include volunteer work in Cookeville. Fearing we would soon be seeing the blue Huffy on Route 70, I introduced him to the UCARTS system. He is now able to go to Cookeville and do his volunteer work and return to Monterey in safe fashion. He is so grateful for the tickets you've provided for him, I have seen tears when presenting them.

Thanks to this wonderful service you make it possible for us to provide. I know when they thank me they are really thanking you and your team, but I gladly take the smiles and hugs!! My new friend is absolutely blooming where has been re-planted. My other experiences with these tickets has been to heal the body, but it is equally important to heal the mind and spirit."

- Sandra Johnson, Monterey Senior Center Director

"Disabled twins have relied on their brother and sister-in-law to get them to the Alexandria Senior Center regularly for meals and socializing. When their brother started having health problems, there was concern

that the twins would be stuck at the center. Deaf, and learningseemed to be to sit at home about trying the UCARTS system without their brother. Although them at first, I reassured them that them what to do, and the driver on board. Although anxious to both were a bit nervous about After the first day, however, they

Soon after. other members up at the center without their UCARTS bus. One lady, who had

They go above and beyond to accommodate their passengers...they don't just understand, they care.

home with no way to get to disabled, their only option alone. I approached them to get them to the center the suggestion was scary to I would be right there to show knew exactly how to get them become more independent. venturing out on their own. were truly enjoying the trips.

began seeing the twins show brother independently on the been proud that she was still

driving at the age of 90 approached me for vouchers to get her to an eye doctor appointment she had been concerned about; she need to have her eyes dilated for an exam. Another woman had been struggling to get to her dialysis appointments three times a week. Inter her case she was starting to not feel well after her treatments and driving was becoming an issue. She was been delighted that the driver also can drop her at the center for a while, before going home. Still another woman, recently diagnosed with cancer, and undergoing chemo, asked for vouchers so she could continue to come to the center to play Rook on days when she felt well enough.

I must sing the praises of all the drivers, and Kim in the office! They go above and beyond to accommodate their passengers! Whether it's a schedule issue, lost bags, voucher mix-up, or anything, they don't just understand, THEY CARE!"

- Sandra Brown, Alexandria Senior Center Director



SENIOR MEDICARE PATROL (SMP)

Through outreach, counseling and education, SMPs empower and assist Medicare beneficiaries, their families and caregivers to prevent, detect and report health care fraud, errors and abuse. Their work is in three main areas: conducting outreach and education events consisting of group events, presentations, one-on-one counseling and media exposure; recruiting and training volunteers and retired professionals to teach and educate Medicare and Medicaid beneficiaries on how to better monitor what is paid on their behalf and what to do about identified discrepancies; and receiving complaints/issues identified by volunteers. SMPs are grant-funded projects of the U.S. Department of Health and Human Services (HHS) and the U.S. Administration for Community Living (ACL). In Tennessee, the Upper Cumberland Development District/AAAD holds the statewide SMP contract with ACL. The Upper Cumberland contracts with the eight other regions of the state to provide SMP services.

THE STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP)

SHIP provides free and objective one-on-one counseling and education to individuals and groups in regards to Medicare and other related insurances. The SHIP program assists Medicare beneficiaries in comparing and enrolling in Medicare Prescription Drug Plans, assists clients with applying for Medicare Savings Programs and the Low Income Subsidy (Extra Help) and answers general questions about original Medicare and Medicare Advantage. The SHIP program provides assistance to thousands of seniors each year that saves them large amounts of money on a monthly basis. During the annual enrollment period, October 15 through December 7, Upper Cumberland SHIP saved local Medicare beneficiaries \$896,207.86.

PUBLIC GUARDIANSHIP PROGRAM

The Public Guardianship for the Elderly Program is designed to aid persons 60 years of age and older who are unable to make financial or medical decisions and have no family member, friend, bank or corporation willing and able to act for them. The District Public Conservator may, through court appointment, legally make decisions for the client and manage the person's care and/or property. An individual may request the District Conservator to serve as attorney-in-fact under a Durable Power of Attorney for finances and/or health care. This instrument should specify the powers of the attorney-in-fact and should always be "durable," allowing it to remain in effect in case of disability. As a result of great partnerships with courts and Adult Protective Services, the Upper Cumberland continues to serve the largest number of guardianship clients, as compared to the other programs across the state.



LEGAL ASSISTANCE

The Legal Assistance Program is delivered through a contract with Aging Services for the Upper Cumberland Inc., a nonprofit corporation which provides free legal assistance in specified areas of law for persons age 60 and over. The legal assistance program utilizes senior centers as contact points in each county and visits at least once a quarter. The attorney is mandated to give priority to older persons who are minority individuals, those with the greatest economic or social need, and those who are frail/disabled. The staff attorney can provide legal assistance, which may include advice, counseling, and representation, in areas of law including, but not limited to, Social Security, Supplemental Security Income (SSI), insurance problems, Medicare, Medicaid, TennCare, elder abuse and other legal matters.

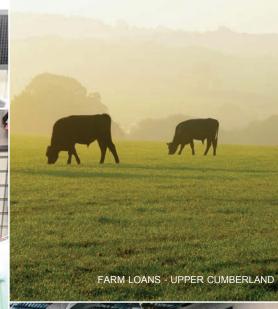
OMBUDSMAN

The Ombudsman Program is also delivered through a contract with Aging Services for the Upper Cumberland, Inc., which provides advocacy services to persons residing in long-term care facilities such as nursing homes, assisted care living facilities and homes for the aged. The district long-term care Ombudsman can assist with questions about long-term care facilities, investigate complaints against facilities and assist in the resolution of problems. The Ombudsman also recruits and trains Volunteer Ombudsman Representatives (VOR) who make quarterly visits to long-term care facilities in the service area. The VOR's receive ongoing training and refer clients with problems to the attorney and the district Ombudsman.

QUALITY ASSURANCE

The Quality Assurance (QA) program ensures contractual compliance and customer satisfaction of all AAAD programs. QA staff complete on-site and desk review monitoring of all subcontractors as well as programs administered directly by the AAAD. Each year, clients complete satisfaction surveys. The survey results are summarized and analyzed in order for the AAAD staff and subcontractors to improve services, as needed.











Cumberland Area Investment Corporation

Cumberland Area Investment Corporation (CAIC), in cooperation with private lenders, USDA Rural Development and U.S. Department of Commerce-Economic Development Administration (EDA) offers loans to small businesses in the Upper Cumberland region working to expand or retain jobs.

Client	County	Approved Loan Amount	Existing Jobs	New Jobs	Total Jobs	
Bryan Elder - Farm Loan	Pickett	\$23,000	3	1	4	
David Simmons - Farm Loan	White	\$6,000	2	0	2	
Industrial Development Board	Jackson	\$60,000	30	5	35	
Jason D. Cantrell - Farm Loan	Putnam	\$25,000	3	0	3	
John & Terri Bishop - Farm Loan	Putnam	\$15,000	3	0	3	
Pryors Auto Spot, LLC	Pickett	\$50,406	6	0	6	
Sparkman Farms - Farm Loan	White	\$25,000	3	0	3	
Triple C Machine & Fab	Putnam	\$136,000	25	20	45	
Calendar Year 2016 Grand Total: 8 Loans		\$340,406	75	26	101	
CAIC Loan Grand Total: 77 Loans	Approved Loan Amount: \$9,342,153.89					

31

Financial Summary

Administration	2015-2016 Actual	2016-2017 Proposed	2017-2018 Proposed
Estimated Revenues			
Grantor Revenue	\$ 722,498	\$ 778,141	\$ 779,469
Local Revenues	451,211	468,745	483,814
Total Revenues	\$ 1,173,709	\$ 1,246,886	\$ 1,263,283
Estimated Expenditures			
Administration	722,498	778,141	779,469
Local Expenses	47,273	56,000	 115,624
Total Expenses	\$ 769,771	\$ 834,141	\$ 895,093
Cash Match			
Aging and Disability			217,586
Econ.& Community Dev.			131,011
Housing			19,100
			\$ 367,697
		Gain (Loss)	\$ 493

Area Agency on Aging And Disability	2015-2016 Actual	2016-2017 Proposed	2017-2018 Proposed
Estimated Revenues			
Grantor Revenue	\$ 3,907,626	\$ 4,032,191	\$ 4,026,701
Local Revenues	125,341	223,036	217,586
Total Revenues	\$ 4,032,967	\$ 4,255,227	\$ 4,244,287
Estimated Expenditures			
Senior Medicare Patrol	\$ 297,909	\$ 299,029	\$ 296,838
Long Term Care	308,924	349,915	330,676
Aging Planning	487,983	482,449	482,284
Coordination	71,622	70,136	71,249
Information & Assistance	91,195	75,472	87,604
Guardianship	195,424	194,995	223,464
Passthrough	1,855,299	1,892,026	1,881,819
State Health Insurance Program	77,769	77,302	77,302
IIID Preventative Health	12,410	35,428	35,745
Waiver Administration	667,542	709,263	693,278
Medicare Improvements Act	46,174	63,393	64,028
Total Expenditures - Aging	\$ 4,112,251	\$ 4,249,408	\$ 4,244,288

Financial Summary

Economic & Community Development	2015-2016 Actual	2016-2017 Proposed	2017-2018 Proposed
Estimated Revenues			
Grantor Revenue	\$ 852,388	\$ 698,302	\$ 704,012
Local Revenues	172,718	171,191	131,011
In-Kind Revenue	20,950	26,667	26,667
Total Revenues	\$ 1,046,056	\$ 896,160	\$ 861,690
Estimated Expenditures			
Rural Planning Org Dale Hollow	\$ 52,823	\$ 58,018	\$ 58,018
Rural Planning Org Center Hill	51,730	58,018	58,018
Brownsfield	125,232	-	-
Local Planning	86,897	112,605	90,919
Historic Preservation	59,668	66,667	66,667
TN Arts Commission & 604B	39,519	-	-
Solid Waste	42,366	40,738	45,127
TACIR	49,823	59,729	59,729
Appalachian Regional Commission	228,248	265,296	215,952
Cumberland Area Investment Corp.	143,853	125,089	119,410
Economic Development Admin.	106,927	90,000	117,479
ECD & Technical Assistance	58,969	20,000	20,000
Total Expenditures - ECD	\$ 1,046,056	\$ 896,160	\$ 851,318

Housing & Family Services	2015-2016 Actual	2016-2017 Proposed	2017-2018 Proposed
Estimated Revenues			
Grantor Revenue	\$ 1,017,212	\$ 1,016,349	\$ 1,086,905
Local Revenues	(24,864)	 18,213	19,100
Total Revenues	\$ 992,348	\$ 1,034,562	\$ 1,106,005
Estimated Expenditures			
Home Rehab	\$ 13,178	\$ 14,390	\$ 30,000
Housing	446,773	491,428	524,172
Relative Caregiver	303,736	306,522	298,350
Emergency Home Repair	251,775	222,222	300,000
Total Expenditures	\$ 1,015,462	\$ 1,034,562	\$ 1,152,523

Work Program FY 2018 (2017-2018)

Pursuant to Section 13-1406, Paragraph B-2, Tennessee Code Annotated, the following depicts the work program of the Upper Cumberland Development District for FY-2018.

100 REGIONAL COMPREHENSIVE PLANNING

101 General Development Planning/Comprehensive Economic Development Strategy (CEDS)

The Comprehensive Economic Development Strategy serves as a regional road map for economic and community development. A CEDS committee containing public and private representation from a variety of business and service sectors conducts a SWOT analysis of the region identifying strengths, weaknesses, opportunities and threats. Additionally, economic development strategy sessions are conducted in each of the fourteen counties where goals and objectives are established. The information is compiled and analyzed to identify the greatest needs of the region. The five-year Comprehensive Economic Development Strategy is reviewed and updated annually and serves as a work plan for each community and partner of economic development. A new CEDS will be completed in the fall of 2017 for 2017-2022.

102 Land Use

The UCDD will provide, as part of its local planning contracts, a Land Use and Transportation Policy Plan for the future development of land use and transportation facilities designed to formulate a coordinated, long-term development program. UCDD staff will study historic events, governmental structure, natural factors, and socioeconomic characteristics of a community to determine how these have affected and will affect land uses and transportation facilities. Existing land uses and transportation facilities will be analyzed to identify important characteristics, relationships, patterns and trends. From this information and analysis, relevant problems, needs and issues concerning land will be identified. The plans usually cover a planning period of about twenty years. The development goals, objectives, and policies and the implementation strategies in this plan will be periodically reviewed and, when necessary, updated to reflect unanticipated occurrences or trends after adoption.

103 Data Analysis

The staff Research Analysis will continue to collect and analyze data used in planning documents, special studies, and project applications, as well as, answer requests from the public and private sector. The UCDD is an official Sub-State Data Center for the U.S. Bureau of Census.

104 Infrastructure Needs Assessment

The Upper Cumberland Development District will pursue funds to conduct a regional infrastructure study which will identify the existing system in addition to future needs and service gaps. The completed study will be periodically updated to reflect changes across the region and will be an integral part of strategic planning for economic and community development. This will be done in conjunction with the TACIR report as referenced on page eighteen of the Annual Report.

105 Growth Plan (Public Act 1101)

The UCDD staff has been working with a number of Upper Cumberland cities and counties in fulfilling the requirements of Public Act 1101. This activity will continue as needed.

106 Community Comprehensive Planning

The UCDD staff will continue to assist communities in comprehensive planning on an as requested basis.

200 HOUSING DEVELOPMENT

201 **Housing Planning**

The UCDD will coordinate housing related activities as follows: contract with cities and counties to administer and implement housing grants; develop and write housing rehabilitation grants and grants for new construction of housing for low-income families for cities, counties, and non-profits; work with the Cumberland Regional Development Corporation to maintain access to affordable rental property and homeownership opportunities for low and very low income households; conduct public hearings on housing related issues; and perform Fair Housing activities for cities and counties. It is estimated that the elderly population will double during the next 20 years.

202 **Private Housing Development Industry**

Pursuant to a contract with the Tennessee Housing Development Agency, the UCDD will continue to provide technical assistance to the private sector.

Public Sector Housing Development 203

Pursuant to a contract with the Tennessee Housing Development Agency, the UCDD will continue to provide technical assistance to the public sector.

Regional Housing Facilitation 204

Pursuant to a contract with the Bureau of TennCare, the AAAD will facilitate the increased availability of affordable, accessible, safe and stable community based homes for TennCare LTSS members by developing local partnerships and resources.

TRANSPORTATION DEVELOPMENT 300

301 Transportation Planning

The UCDD working in conjunction with the Tennessee Department of Transportation, will serve as a focal point for the following Rural Planning Organization's (RPO): (1) Dale Hollow RPO; serving Clay, Fentress, Jackson, Macon, Overton, Pickett, and Smith counties (2) Center Hill RPO; serving Cannon, Cumberland, DeKalb. Van Buren, Warren, and White counties. These groups provide a permanent mechanism for local official's input into the transportation decision-making process. The RPO's consider multi-modal transportation needs as well as short term funding priorities; and make recommendations to TDOT. The UCDD will provide, as part of its local planning contracts, a Land Use and Transportation Policy Plan for the future development of land use and transportation facilities designed to formulate a coordinated, long-term development program, UCDD staff will study historic events, governmental structure, natural factors, and socio-economic characteristics of a community to determine how these have affected and will affect land uses and transportation facilities. Existing land uses and transportation facilities will be analyzed to identify important characteristics, relationships, patterns, and trends. From this information and analysis, relevant problems, needs, and issues concerning land will be identified. The plans usually cover a planning period of about twenty years. The development goals, objectives, and policies and the implementation strategies in this plan will be periodically reviewed, and, when necessary, updated to reflect unanticipated occurrences or trends after adoption.

302 **Highways**

Through the RPO's, the Economic and Community Development staff will seek to implement construction of industrial access roads for new or expanding industry.

303 **Airports**

Through the RPO process, technical assistance will be given in efforts to upgrade all regional airports.

304

Through the RPO process, technical assistance will be given in efforts to upgrade all rail service within the Upper Cumberland.

305 **Waterways**

Through the RPO process, technical assistance will be given in efforts to assist with planning and grant

applications to those communities desiring port development on the Cumberland River. The staff will seek opportunities to promote economic development requiring waterways as a criterion for location in the Upper Cumberland area.

306 Pipeline

No activities are planned under this sub-category.

308 Transit

Through the RPO process, technical assistance will be given in efforts to upgrade all transit services within the Upper Cumberland. The Area Agency on Aging will continue to monitor the activities of and provide technical assistance to the Upper Cumberland Area Regional Transportation System (UCARTS).

309 Personal Transportation

The Area Agency on Aging and Disability participates in the development and implementation of the strategic plan of the Tennessee Commission on Aging and Disability for the purpose of addressing transportation needs of the elderly and adults with disabilities. The AAAD also provides requested information to the Upper Cumberland Human Resource Agency to assist with the strategic planning process for the provision of regional public transportation. The AAAD provides transportation services to low income seniors by contracting with UCARTS public transportation utilizing a transportation voucher system.

400 ECONOMIC DEVELOPMENT

401 Economic Development Planning

Economic Development Planning will include coordination with other development organizations and technical assistance to on-going economic development projects. Staff will coordinate an annual economic development strategy session involving multiple regional partners and local representatives to establish a work plan each year. The District staff will seek opportunities to implement new economic development programs. The district staff will prepare cluster analyses of industries within the region as needed. Further, occupational analyses can be conducted to determine which occupations are disproportionately represented.

402 Industrial Development

The Economic Development staff will provide technical assistance in the development and improvements of industrial parks to all cities and counties in the District as requested and needed. Assistance will also be provided by the District staff for industrial location and expansion projects.

403 Agriculture and Silviculture

The UCDD will participate with Rural Area Development Committees in addressing problems of farmers and rural residents of the region.

404 Commercial and Tourism Development

The UCDD will provide data and technical assistance to the Upper Cumberland Tourism Association as requested, but will not have a contract for FY-18.

405 Business Loans and Job Creation

The UCDD will assist small businesses in obtaining long term financing and the creation of new jobs through the Cumberland Area Investment Corporation, EDA Revolving Loan Fund, and USDA/ Rural Development IRP Program.

406 Business Incubator/Accelerator Development

The UCDD will work with Tennessee Technological University and Roane State Community College in the implementation of the Business Incubator/Technology Center in the Upper Cumberland. UCDD will also work with the Biz Foundry to promote its accelerator program.

407 Overall Economic Development Planning

The UCDD will use the Comprehensive Economic Development Strategy as a guide to assist local entities in implementing proposed plans and projects throughout the 14-county area.

408 Economic Development Marketing

District staff will coordinate regional marketing of local assets through a presence at appropriate trade shows such as Select USA Investment Summit. Other trade shows will be researched and a regional representative will attend as deemed appropriate. The newly developed regional brand and economic development version of the logo "Made Strong in the UC" will be utilized to brand the region as a whole.

409 **Exports**

The UCDD will act as a liaison between local companies/communities and state/federal export partners. Services are available to current & prospective exporters. UCDD may coordinate trainings & introductions to state and federal providers.

410 Workforce

Recognizing the direct impact of workforce development on economic development, UCDD has taken an active role in workforce & education advancement. We will continue to partner with Upper Cumberland Tennessee Reconnect Community as they seek to increase the education level of adults in the Upper Cumberland. UCDD will also serve as the OSO for LWDA7 beginning in 2017-2018 fiscal year. The UCDD will continue to explore opportunities to support workforce development efforts in the region.

411 Retail

The UCDD will continue to work and coordinate efforts with Retail Strategies through their program Retail Academy. The program will provide a way to bridge the gap between communities and retailers by offering access to the tools and knowledge-base necessary to pro-actively recruit sustainable retailers, while maintaining local businesses. Retail Academy will assist communities with effective marketing techniques and educate them on how to most efficiently enhance their retail landscape.

500 HUMAN RESOURCE DEVELOPMENT

501 **Human Resource Planning**

(See Paragraphs 502-506)

502 **Education**

No activities are planned under this sub-category.

503 Health

The Area Agency on Aging and Disability will provide technical assistance for county and regional health fairs that provide screenings and health education to seniors and other adults with disabilities. Staff members will serve on health councils and will encourage senior center directors to participate in their counties. The AAAD funds Evidence Based programs in each county through the local senior centers, along with other social and educational activities, to improve the health and well-being of seniors.

The AAAD is researching opportunities to participate in health care integration efforts in order to improve health care outcomes by providing social service support.

504 Children's Services

The UCDD will work with other agencies responsible for targeting the needs of children in the Upper Cumberland area. The staff will work with individuals who are "parents again" or those who have the responsibility of caring for children without a biological parent living in the household. UCDD staff will provide support groups available in both day and evening settings, evening groups for adults and children, groups for children and teens, information and referral, emergency assistance for unmet needs upon availability of program funds, short term case management, recreational activities, educational and nutritional health awareness training/workshops. This program is funded by the Department of Children's Services/Department of Human Services as well as private donations and public funding organizations.

Kinship Support Network Programs Training: The Relative Caregiver Program staff will be providing quarterly

training to the Tennessee Department of Children's Services staff.

The Families First Kinship Care (FFKC) payment began as pilot program on April 1, 2005. The program is a collaborative effort between the Department of Children's Services (DCS), the Department of Human Services (DHS) and the Relative Caregiver Program (RCP). The goal of the program is to encourage placements with relatives for children who are at risk of removal from their home and placement in state custody. The FFKC pilot program allows DCS to prevent children from entering or re-entering state custody by offering eligible relative families an additional payment to supplement the Families First Child-Only grant offered by DHS. Eligibility for the payment is determined by DCS staff and referred to the Relative Caregiver Program (RCP) for issuance of payments and supportive services such as case management. The program started in three regions: Davidson, Shelby and Upper Cumberland.

505 Aging

The AAAD has three primary functions: advocacy for those who lack the opportunity to have their voice heard; information and assistance to guide individuals through a maze of support services; and to contract with licensed providers for the provision of direct services. Multiple services are made possible by funding through the Older American's Act and facilitated by the Upper Cumberland Area Agency on Aging and Disability through a contract with the Tennessee Commission on Aging and Disability. In addition to the contract with TCAD, the UCAAAD also provides multiple functions to individuals needing long term care through funding provided by the Bureau of TennCare. The Upper Cumberland AAAD also administers the statewide contract for the Administration on Community Living to provide the Senior Medicare Patrol program.

In compliance with the Tennessee Commission on Aging and Disability expectations, quality assurance for all programs will continue to be a priority in the upcoming year.

The Public Guardianship program will provide a higher level of service by the addition of a full time financial support staff to work with the Public Conservator and a Benefits Enrollment Case Manager/Volunteer Coordinator.

Pending budget approval, the AAAD will increase the number of clients who receive Home and Community Based Services through the Options for Community Living Program as a result of additional funding allocated by the state legislature.

The AAAD will pursue funding opportunities to expand evidence-based programs and transportation services.

The Upper Cumberland AAAD will continue administering the Senior Medicare Patrol program and contracting with the eight other AAAD's across the state in order to provide statewide fraud, abuse and error detection services.

506 Handicapped/Accessibility

The Area Agency on Aging and Disability staff will provide technical assistance concerning public facilities and the 504 regulations, as well as the Americans with Disabilities Act.

600 PUBLIC SAFETY

601 Public Safety Planning

The UCDD will provide technical assistance and assist local governments on grant applications for funds for the Federal Emergency Management Agency.

602 Criminal Justice

The UCDD will assist local law enforcement agencies in development of applications for funding for U.S. Department of Justice, Community Oriented Policies Program.

603 Highway Safety

UCDD will assist the Tennessee Department of Transportation with their RSAR's (Road Safety Audit Review).

604 Fire Services

The UCDD will provide technical assistance and grant applications for funds for fire protection equipment from the U.S. Forestry Service, the Tennessee Department of Economic and Community Development, and the Federal Emergency Management Agency as appropriate.

605 Emergency Service System

The UCDD will provide technical assistance and grant applications for funds for emergency service systems through any available funding source.

606 Hazardous Materials

No activities are planned under this sub-category.

700 RECREATION AND CULTURAL DEVELOPMENT

701 Recreation and Cultural Development Planning

As part of its local planning contracts, the UCDD will provide a Community Facilities Plan that will serve as a general guide for "accomplishing a coordinated, adjusted and harmonious development of the municipality which will, in accordance with existing and future needs, best promote public health, safety, order, convenience, prosperity, and general welfare as well as efficiency and economy in the process of development." The Community Facilities Plan is intended to provide cities/counties with an inventory and analysis of the existing community facilities and services currently available to local residents. The plan also provides recommendations and suggested policies to assist municipal decision making with respect to the continued provision and enhancement of public facilities and services within the planning area for a planning period of approximately ten years.

702 Parks and Recreation

The UCDD will continue to offer technical assistance to communities seeking grants from the Tennessee Department of Environment and Conservation under the Local Parks and Recreation Fund Program for city and county applications and the Recreational Trails Program for public/private partnership applications.

703 Libraries

The UCDD will offer technical assistance to communities interested in applying for Direct Service Grants.

704 Historic Preservation/Cultural Resources Management

The UCDD will continue to work in conjunction with the Tennessee Historical Commission to assist communities in submitting applications for inclusion of sites in the National Register of Historic Places and other relevant projects, along with preservation grant applications. The Historic Planner undertakes Federal Section 106 reviews of sites on behalf of the Tennessee Historical Commission. The UCDD will promote awareness of the importance of Historic Preservation in enhancing economic development. This will be accomplished by public awareness programs, educational programs, community presentations, scenic byways programs and collaboration with other groups and agencies. In addition, UCDD will be involved in various aspects of Cultural Resources Management, assisting local communities and governments with ongoing projects, and the development of new projects and initiatives.

705 Arts Build Communities (ABC) Grants

The UCDD is a designated agency trained to assist applicants with Arts Build Communities (ABC) grants available through the Tennessee Arts Commission. The ABC grant program is designed to provide support for arts projects that broaden access to arts experiences, address community quality of life issues through the arts or enhance the sustainability of asset-based cultural enterprises. UCDD staff will continue to assist applicants with identifying eligible activities, providing feedback on draft applications, administering local grant review panels and assisting grant recipients with tracking the success of funded activities.

800 ENVIRONMENTAL MANAGEMENT

801 Environmental Planning

The Economic and Community Development staff will continue the preparation of Environmental Assessments as needed. The Community Development staff will conduct environmental reviews for CDBG projects on a contractual basis. The UCDD Environmental Committee will discuss issues of interest with local elected officials on a regular basis. UCDD will continue to explore potential brownfields sites and will apply for assessment and clean-up grants as appropriate.

802 Soil Resources

No activities are planned under this sub-category.

803 Water Resources

The UCDD will work with the Tennessee Department of Environment and Conservation to improve water quality by coordinating the 604b grant program.

804 Geologic Resources

No activities are planned under this sub-category.

805 Flora Resources

No activities are planned under this sub-category.

806 Fauna Resources

No activities are planned under this sub-category.

807 Air Resources

No activities are planned under this sub-category.

808 Noise

No activities are planned under this sub-category.

900 UTILITIES

901 Utility Planning

(See Paragraphs 902-906)

902 Solid Waste Management

UCDD staff offers technical assistance in preparation of Annual Reports (ARPs) in the Upper Cumberland region, including counties, cities and towns in accordance with the Solid Waste Management Act of 1991. UCDD staff prepares solid waste Needs Assessment every five years for each county in the region. Staff assists the UCDD Environmental Committee in preparing plans which are in compliance with the latest federal, state and local regulations.

903 Sewer Service

The District staff will provide technical assistance to Upper Cumberland municipalities regarding sewer expansions and improvements, and will prepare grant/loan applications to CDBG, ARC, and USDA/Rural Development.

904 Water Service

The District staff along with the consulting engineers will offer technical assistance to local governments in the improvements of water systems. Grant applications for rural water lines will be made to CDBG, ARC, and USDA/Rural Economic and Community Development funding sources.

905 Electric Service

No activities are planned under this sub-category.

906 Natural Gas Service

The District staff will continue to provide technical assistance to local governments wishing to apply for grants and loans for gas pipelines.

1000 ENERGY DEVELOPMENT

1001 Energy Planning

The UCDD will coordinate with TVA to provide expertise in energy planning.

1002 Energy Development and Production

No activities are planned under this sub-category.

1003 Energy Management and Conservation

The UCDD staff will continue to offer technical assistance to any community which requests assistance. The UCDD will promote the State of Tennessee Energy Conservation Program and the U.S. Department of Energy Conservation Programs, for public buildings, and private buildings.

1100 GOVERNMENTAL SERVICES AND COORDINATION

1101 Local Government

The entire District staff will continue to offer technical assistance under each category in this work program as requested. Grantsmanship services will be offered under available State and Federal Programs. The UCDD will offer Community Development Block Grant administration services on a contract basis.

1102 Clearinghouse Functions

The District will continue to serve as Regional Clearinghouse for federal agencies when requested. Currently, the USDA and the Department of Commerce have requested the service be continued.

1103 Information Services

The District will continue to publish an Annual Report, UCDD Quarterly Newsletter, other brochures, news releases, handbooks and various data tabulations as needed. Workshops will be held on timely subjects and programs. The UCDD will host video conferencing meetings and training sessions. The UCDD maintains a website detailing many of our activities and services.

1104 Communications

The UCDD will maintain an internet website about the District. The UCDD will host video conferences that address topics of interest to public officials, community leaders, agencies, organizations and interested citizens. The UCDD has implemented a GIS System to better accommodate local governments.

1200 GENERAL ADMINISTRATION

1201 Administrative Management

The District will continue the development of an Annual Work Program to define total program management, staff assignments, and overall policies and procedures.

1202 Personnel Management

The District will continue to maintain an Equal Employment Opportunity Officer, the Affirmative Action Plan, as well as both in-house and external training programs. We will provide services as needed to implement the Americans with Disabilities Act.

1203 Financial Management

The District's Director of Finance will continue to maintain complete financial records and costs control measures, prepare budgets and financial reports, as well as serve as liaison with various auditors and program monitors.

1204 Board of Directors' Activity

The Executive Committee of the Board of Directors will continue to meet on a bi-monthly or on call basis. The Board of Directors will continue to meet annually or on call.



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